

THOUGHT & ACTION



ISSUE 7 • DECEMBER 2024 - JANUARY 2025

YMI NEWSLETTER

Goodwill is the bridge,
Hope is the destination;
Be part of the journey
of transformation.



To impact lives through service

WHY RENAL CARE IS THE NEED OF THE HOUR

Renal care is emerging as a painful and life-threatening issue across the world, especially in our country.

In India,

- Two thirds of all patients with kidney failure die without receiving dialysis
- 210,000 new patients develop kidney failure each year
- More than 80% in India need to self-fund their dialysis
- Many of these patients need a minimum of 2 to 15 dialysis a month, making it a major financial challenge to the patients and their families, especially when they need to pay for each dialysis besides travelling to the hospital every time they need a dialysis.

Financial Burden for poor patients

A single dialysis cost ₹ 2000 on an average. Further, the patient needs to travel long distances to reach the place of dialysis. The patient also needs to be accompanied by someone while going for the dialysis. For a poor person who survives on his daily wages, every dialysis also means a loss of earning income for him as well as his companion for that particular day, when he goes for a dialysis. Added to these, are also the costs of medicines.

In summary, each dialysis session puts a financial burden of at least Rs. 4,000 on a patient. This means that someone who needs just one dialysis per week needs to raise at least Rs 16,000 in a month. The unfortunate part is that this becomes a monthly affair till the end of a patient's life, once he starts dialysis, in most of the cases.

How you can be of help

In order to offer a helping hand to our poor brethren who are suffering from kidney issues and are finding it financially challenging to undergo dialysis treatment, Young Minds International, in partnership with our own Young Minds International Foundation has conceptualised an ambitious project to raise funds and support the poor and the needy.

The funds raised will be used for the following:

- Build a free dialysis clinic and palliative care facility at Chemperi in Kannur District of Kerala
- Supply free dialysis machines in partner hospitals across India with an understanding to provide at least 50 free dialysis per month per machine, to the poor and the needy, chosen by our Young Minds International Clubs
- Partner with interested hospitals to offer free dialysis to the poor and the needy, based on coupons issued by our YMI clubs which will be reimbursed by Young Minds International to these partner hospitals.

Young Minds International has decided to take up Renal Care as one of its flagship projects in the years to come. It is our vision to raise at least Rs 100 million in the next 3 years, through CSR support, donations and other fund-raising activities and offer at least 100,000 free dialysis per year to the poor and the needy. We believe that we will be able to wipe the tears of many with the active support and participation of all concerned in the coming years.

Mathewkutty Sebastian
International Secretary General



A YEAR OF TRANSFORMATION

As we bid farewell to 2024, we reflect on the incredible journey of Young Minds International (YMI). This past year marked the dawn of a new era, as YMI emerged as a beacon of hope, inspiring many worldwide to embrace a culture of selflessness and community service.

A Unique Legacy

YMI's founding in Bangalore, India, with a global outlook, is a testament to the power of vision and collaboration. Our organization's guiding principles – inclusivity, equality, and compassion – have resonated deeply with people from all walks of life.

A Year of Remarkable Growth

From humble beginnings with 500 members, YMI has experienced exponential growth, reaching 3,000 members within a mere seven months and targeting 5,000 members by June. This phenomenal expansion is a tribute to the tireless efforts of our leadership team, members, and well-wishers.

Tribute to Our Leaders

We extend our heartfelt appreciation to:



Dr. K. C. Samuel
International President



Mathewkutty Sebastian
International Secretary General



Anto K. Antony
Area President (India)



Micheal K. Micheal
Area Secretary (India)

Dr. K. C. Samuel, our unanimously elected International President, whose selfless dedication has been instrumental to YMI's success.

Mr. Mathewkutty Sebastian, International Secretary, whose awareness classes and tutorials have empowered our leaders and members.

Mr. Anto K. Antony, Area President, and Mr. Micheal K. Micheal, Area Secretary, whose relentless efforts have yielded impressive results.

Our Regional Chairs, District Chairs, and Club Chairs, who have worked tirelessly to promote YMI's mission.

contd.

A Tribute to Unsung Heroes

As we reflect on Young Minds International's remarkable journey, we remember the selfless contributions of individuals who have played a pivotal role in shaping our organization. We acknowledge the countless individuals who have contributed to our growth. Although not mentioned by name, here, their selfless efforts have not gone unnoticed and are deeply appreciated. Your dedication, passion, and commitment to our mission have been the driving force behind our success.

Thank you for being an integral part of the Young Minds International family.

Special Tribute to our Pillars of Strength

As we reflect on the remarkable journey of Young Minds International, we honor two exceptional individuals who have been the backbone of our organization since its inception:

Mr. Jacob Cherian and Mr. Issac Palathinkal

Despite the challenges of age and health, these two remarkable individuals have stood steadfast in their support for our organization. Their unwavering commitment, guidance, and wisdom have been invaluable to our growth and success.

We salute their selflessness, dedication, and perseverance. They embody the true spirit of Young Minds International, inspiring us all to strive for excellence and make a positive impact in the world.

Thank you, Mr. Jacob Cherian and Mr. Issac Palathinkal, for being shining examples of leadership, integrity, and compassion. We will be forever grateful for your contributions to our organization.

A New Chapter Unfolds

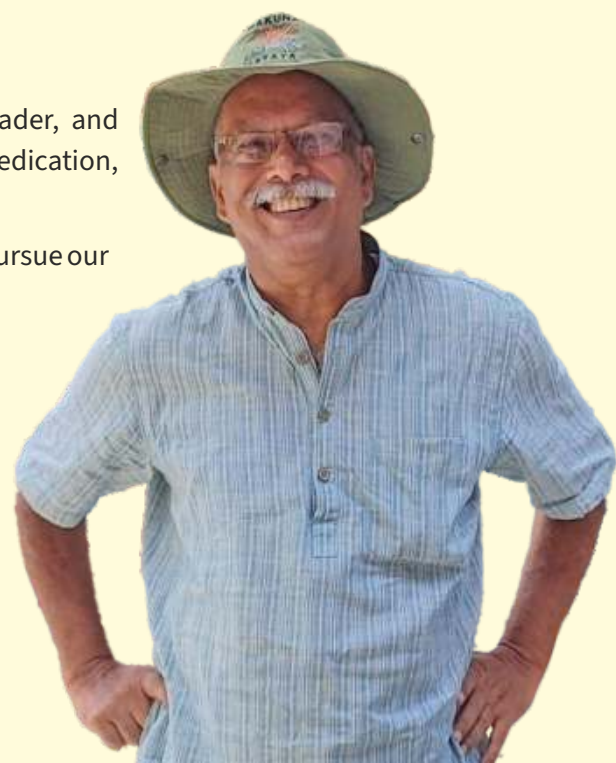
As we embark on 2025, we are filled with optimism and a renewed sense of purpose. Our revised plan aims to establish more clubs worldwide, with a target of 10,000 members. We are confident that, together, we can achieve this ambitious goal.

Gratitude and Appreciation

We express our deepest gratitude to each and every member, leader, and supporter who has contributed to YMI's remarkable journey. Your dedication, integrity, and sincerity have been the driving force behind our success.

May the New Year bring us renewed vitality, wisdom, and strength to pursue our mission with unwavering commitment.

Joys Jacob
International Presidium Member



EXPANSION IN TAMIL NADU

A thunderous round of applause to Mr. Jacob Philip and team of District-I, Region-I for making a grand entrance into Tamil Nadu. Today's real hero is the incredible Mr. Dudley Fenn, a shining example of integrity and dedication.

We're also deeply grateful to our International President, Dr. K. C. Samuel, for his tireless efforts to bring Young Minds International to the forefront of Indian charity organizations. Your vision is slowly but surely bearing fruit.

Regional Chair Mr. Suresh Kumar, your creative genius has turned dreams into reality. We're so proud of Mr. Sibi Augustine, from day one, we knew that the future of Young Minds Region-I is in safe hands. Your leadership has been outstanding, and we can't wait to see the incredible growth that's yet to come.

A huge shout out to the backbone of our team - Mr. Raju George and Mr. Jalaja Kumar for their passion and unwavering support to District-I.

And last but not least, Mr. Pradeep Kumar and Mr. Regee Pothen Thomas, your selfless spirit is the true essence of Young Minds. You're an inspiration to us all.

Here's to many more achievements, under the leadership of Mr. Justine Paul and team including 50+ clubs in Tamil Nadu, and many more ambulances on the road, serving those in need. We look forward to the incredible impact that Team Region-I will continue to make.



On November 30th at Nagercoil YMCA Premises Dr. K. C. Samuel, IP flagged off the Ambulance donated by Young Minds International and YMCA, Perinbapuram.

HONOURING AMPUTEE SKYDIVER

On 28th November 2024, YMI Trivandrum Royals honored Syam Kumar, a 24 year old amputee skydiver and paragliding pilot. Syam's impressive feats included a world record dive from 35000ft and he is now undergoing intensive training to jump from 45000 ft. We presented him with Rs. 35000/- to cover his monthly medical expenses. We also honored Nirmal Jovial, Staff Correspondent of the Week who wrote an article about Syam Kumar.



INTERNATIONAL PRESIDUM MEET

Members of the International Presidium met on January 25, 2025 at 2 pm and deliberated on various issues. Dr K C Samuel welcomed the Presidium and Anto K Anthony initiated the meeting by introducing the members to Robert's Rules of Order, a comprehensive guide to ensuring that meetings and assemblies are conducted in an orderly and fair manner.

Key Discussions and Resolutions:

- Issues related to Protocol, Election Process and Young Minds Foundation Funding were deliberated and approved.
- Region 2 agreed to host the International Convention 2025.
- Presentation of Reports by the Area Secretary and Regional Chairs.

Mr M J Mathews explained the Constitution and bye laws that had to be drafted.

International Accounts and Budget was presented by Mr Antony Joseph, International Treasurer.

To conclude, the International Secretary thanked and commended each of the members for their valuable time and inputs for the growth of the organisation.



CHARITY BANQUET & MUSIC NIGHT



An Evening of Compassion and Harmony

Our Charity Banquet and Musical at The Lalit Ashok, Bangalore held on January 25, 2025 was a night to remember, bringing together hearts and hands for a noble cause. The evening dedicated to supporting our flagship project - Renal care and Dialysis, was filled with inspiring moments - and highlighted the incredible impact of what happens when leaders and members come together to make a difference.

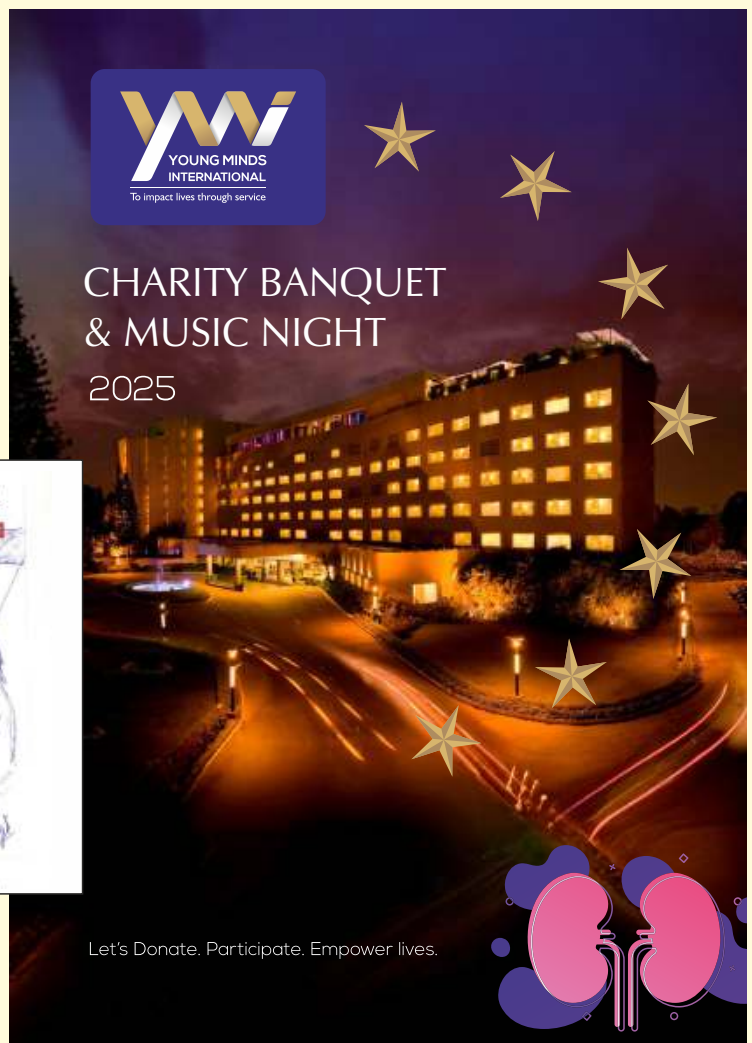
Event Highlights:

- **A Generous Contribution:** We were able to make a generous donation of Rs 10 lakh towards the setting up of a Renal Care Centre at Chemperi, Kannur further bolstering our efforts to provide life-saving treatment and dialysis. Our International President Dr K C Samuel along with leaders handed over the cheque to the Club.
- **Soulful Music:** Guests were also treated to a soul-stirring performance by the music band Soule, which added a memorable touch to the event.

We extend our heartfelt gratitude to our International President, the leadership and everyone who attended and contributed to making this event an inspiring milestone in our journey of service. Together, we're changing lives, one step at a time.



Drawing by Esha Daniel, one of our Youth participants during the event



CHARITY BANQUET & MUSIC NIGHT



INDIA AREA - MID YEAR MEETING



YOUNG MINDS INTERNATIONAL
INDIA AREA
MID YEAR MEETING

DG,RS,RC & Area team with IEOs

On Wednesday the 15th January 2025

3pm onwards.
Overnight program

COORG CLIFF RESORT
POLIBETTA



INDIA AREA - MID YEAR MEETING



INAUGURATION - BAHRAIN

Thanks to YMI Bahrain Team for making the installation ceremony a memorable one. Special thanks to Mr. Naveen Narayan the President of the Club who spearheaded all activities in a grand manner. We are deeply grateful to Mr. Anto K. Antony, India Area President, who inaugurated the function. Indeed, it was a great moment for Region III as we extend our organisation's presence around the world. This may well be the first overseas club ever inaugurated in the history of YMI.

I personally congratulate Mr. Rajesh Gopal, the Regional Secretary whose vision and initiative led to the establishment of the club in Bahrain, making it an extension of his home club YMI Kannur Main. Let me also extend my sincere thanks to Mr. Niyas Ummer, the Secretary and Mr. Suresh, the Treasurer of Bahrain Club.

We the Regional Team, India Area President Mr. Anto K. Antony, Regional Secretary Mr. Rajesh Gopal, International Programme Director Mr. C. V. Haridas, Vice Chairman Mr. V. P. Ashokan, Area Programme Director Mr. M. T. Prakashan and myself, were at Bahrain to witness this historic moment. The warm reception and royal hospitality from Club President Naveen Narayan and his family made the occasion even more special.

Ranjith Kumar K., Regional Chairman



We are delighted to announce that the inauguration of the Young Minds Club of Bahrain was held successfully with great fanfare. The club commenced its journey with an impressive membership of 20 new members. Wishing the club and office-bearers all the very best in their future endeavours. We look forward to their continued contributions to the community.

Inauguration
Young Minds Club of
Karthikapuram
Region-III, District-III





Inauguration of YMI Kangarappady club led by President Anna Allen - Region-II, District-I



Participants in the Region III PST Priming & Leadership Summit at Wayanad

INAUGURATION OF VOICE OF YOUNG MINDS



Regional Cultural Meet, District-III



DG KP Paul from Kothamanagalam Club



Inauguration of Green Valley Muttom Club and New Year celebration



Inauguration of Young Minds International Vallithode Club sponsored by Iritty Young Minds Club



Distribution of Sports Kit & Bicycle to Children of Karunya Nikethan School for the Hearing Impaired by YMI Trichambaram club



YMI of Gobi Galaxy spread joy and refreshment by distributing buttermilk to 10,000 devotees at the Pariyur Amman Temple festival.



On 29th November 2024 Young Minds Club Trivandrum Royal installed **Big Bottle Bins** at Govt General Hospital, Trivandrum and Regional Institute of Ophthalmology (Govt. Eye Hospital) Pattoor. Doctors, Health Workers and others assembled for the functions and expressed their thanks and appreciation to Royal Club and YMI. The event was attended by representatives from the Royal Club, including Siby Augustin (President), Jose Zachariah (Secretary), Jose Kuriakose (Treasurer), Jacob Philip (District Governor), Raju George (District Governor-Elect), and Sam Joseph (District Project Director). Also present were Dr. Divya (Superintendent, General Hospital), Dr. Sheeba, Dr. Simon (Regional Ophthalmology Institute), and Tom Antony.



Special thanks to Mr. Jose Zachariah and Mr. Jose Kuriakose for sponsoring the Bins.



A motivational session for JRC, SSSS, and SPC students of Rajeev Gandhi Memorial HSS.

By DG, Region III, District II, Adv. Nassar Aringaloot





YMI District-II, Region-I distributed clothing materials and food items to old age home managed by the Kalabhavan Mani Service Society at Vakkom, Trivandrum.



76th Republic Day celebration at VALSALYAM Charity home, Varkala in association with YMI Dist-II, in the presence of Deputy Collector, Municipal Chairman, Dist. Panchayat President, Councillors and other dignitaries.



YMI Guntur Urban started off with charity and educational programmes

Young Minds International (YMI) District II, Region III, in collaboration with Young Minds Club Panoor, and Folkland, Kerala, launched a six-month Free Mural Painting Training Project in Panoor. This initiative aims to empower women through art and skill development.

The program was inaugurated by Dr. V. Jayarajan, Chairman of Folkland. District Governor Advocate Nassar Aringaloot coordinated the event, while President Priya Gopal explained the project's objectives.

Dt. Secretary Ananthan Master, Regional Coordinator Usha Rajan, and President Rajesh Kumar, shared their insights on the occasion.



YMI Programmes with the coordination of RDO Trust.

This project is done by YMI Coonoor in partnership with RDO Trust managed by Regional Secretary Mr. Perumal. Our sincere thanks to him and his dedicated staff and to our members.



Education to Tribal children at Govt. Tribal school



Women farmers given exposure to learn vermi-compost making



Construction of Community Toilet.



Construction of Dining Centre for students



Student Cabinet



Meeting with farmers



cont.

YMI Programmes with the coordination of RDO Trust.



Construction of Dining Hall in a school



Construction of Washing Unit



Tribals are taught and encouraged to produce vermi-compost to earn additional income



Construction of Classroom.



Farmers are given samples of natural compost



YOUNG MINDS CLUB OF CHEMPERI TOWN in District-III (Region-III, India Area) has purchased a new ambulance. This is the fourth ambulance owned by this club. The service of these ambulances are provided to the public at a very reasonable charge, without any profit.

Champeri Town Club has also its' own dialysis unit, which is operated without any profit.

This club also donated equipment worth approximately ₹ 3.5 lakhs to the government to help the people affected by the landslide at Choralmala in Wayanad District.

Food kits worth approximately ₹ 1.5 lakh were distributed to several needy families in Eruvessi Grama Panchayat on the occasion of Onam celebration.

All the best to the Young Minds Club of Chemperi Town in District-III, which is performing as one of the best clubs at the international level.

KVPRASANTH (DG)
District-III, Region-III
India Area



Home for Homeless, YMI Edoor club



Handing over of Dialysis Machine to Samaritan Hospital, Pazhangand by YMI Kizhakkambalam Club



Alakode Young Minds Club workers along with District Team celebrate Christmas and New Year by providing medicines and other essentials to the honorable inmates of Tabore Old Age Home.

INDIA AREA... REGION III DISTRICT III





YMI Taliparamba City Club providing vegetables and provisions



We distributed over 250 meals at TIRUPUR GH AKSHAYAM PROJECT FOOD FOR NEEDY; running successfully for 249th week.



Public meeting organized by Young Minds Pathanamthitta at Peace Valley School located in a rural village.



Stainless steel plates and glasses to provide meals for the special needs children at the school and personal care products contributed by Young Minds Club Pathanamthitta.

CHRISTMAS CELEBRATION



YMI Ernakulam South - Christmas celebration



YMI Trivandrum Central - Christmas and New year Celebration



Carol Rounds - YMI Kizhakkambalam



Sri T K A Nair, IAS (Rtd.) and Former Principal Secretary to Govt. of India and Member of YMI CLUB OF TRIVANDRUM TOWER delivering the Christmas and New year message during the Christmas and New year celebration of YMI CLUB OF TRIVANDRUM TOWER on 29th January 2025 at Chirag Inn, Trivandrum.



Christmas and New year celebration - YMI Kollam



YMI YOUNG MINDS INTERNATIONAL
India Area - Region III
District III

Christmas New Year

Celebration & Inauguration of VOICE OF YOUNG MINDS

On 4th January 2025, Saturday
@ Dhvani Music and Dance Academy Hall, BARKKALAM, At 4.00pm

Insauguration Inauguration Presiding Officer

K.V.SUMESH M.L.A. **ANTO K.ANTONY** India Area President **PRASANATH K.V** District Governor

4.00pm Dance, SKT Games **7.00pm** Karaoke Music Night

Hospitality Contact No. 968

District III NEWS

2 LAKHS EACH INSURANCE COVERAGE FOR 200 UNORGANIZED SECTOR WORKERS

02 February 2025
Sunday 10.00am

YMI YOUNG MINDS INTERNATIONAL
India Area - Region III
District III

Insurance Certificate Distribution
ROYAL TRUST ASSURANCE DISTRIBUTION PROGRAM

Chief Guest Inauguration. Presiding

Dr.K.C.SAMUEL International President **SAJEEV JOSEPH** M.L.A. **K.V.PRASANATH** District Governor

YMI YOUNG MINDS INTERNATIONAL
India Area - Region III
District III

YOUNG MINDS CLUB OF PANLOOR

കൂട്ടികൾക്കായുള്ള
ജീവിന സഹനാസക്യാമ്പ്

ചെറുതുല്യാഞ്ഞ വരിയ്ക്ക്

2025 ജനുവരി 17,18 തിയ്യതികളിൽ

എലയാടോട് സെന്റ്രൽ എസ്.പി സ്മാർട്ടിംഗ്

കെ.പി.എം.പി.
കമ്മിറ്റി ചെയർമാൻ

ACHIEVEMENTS



Smt. K. Sini Joseph who secured Gold medal in South Asian Masters Athletic Meet held in Mangalore. She is a teacher in Chuzhali Govt. Higher Secondary School. She is also a member in Young Minds International, Taliparamba, Region-III, Dist-III.

OBITUARY



Dr. Antony J. Malliyakal
President of YMI Club of
Trissur Cosmos



Mrs. Jeyammal
Mother of Er. Justin Paul, DG Elect
YMI Club of Nagercoil

For our website and newsletter,
please send details of projects, meetings,
installations, thoughts and ideas to
ymyoungminds@gmail.com

Best wishes,
Daniel Thomas



YMI
YOUNG MINDS
INTERNATIONAL
To impact lives through service