

THOUGHT & ACTION



ISSUE 10 • JUNE - JULY 2025

YMI NEWSLETTER

Reflection
gives us clarity,
while Direction
gives us purpose



Peringathur - Koothuparamba
State Highway near Panoor petrol bunk

“Vision is the art of seeing what is invisible for others”

~ Jonathan Swift

This image of a reflector mirror from YMI Panoor made me reflect on the year gone by and the roadmap we are charting for the future.

A year ago, we started with a simple yet bold vision - to build an impactful service movement that would stay true to its purpose and to its members. We took the first step on the road less traveled-a path driven by purpose and guided by compassion. Today, as we pause and reflect, we see more than memories; we see milestones, lessons, and lives touched along the way. In just one year, we have surpassed expectations with strong membership growth and very impressive impactful projects.

Over the past year, we:

Touched countless lives through humanitarian initiatives.

Built trust by delivering on promises with integrity.

Laid the foundation for programs that empower and uplift.

Leadership is all about building a foundation of trust and inspiring confidence. With over 3,000 members and counting, we've already surpassed expectations. Now, with renewed confidence, we're setting our sights on the next milestone - reaching 5,000 strong by this year.



That's the power of Young Minds in action.

But this is just the beginning. The road ahead calls for:

- **Greater Outreach:** Two or three members get together to get another member.
- **Larger Clubs mean stronger Clubs with greater impact:** Aim for 20-25 members per Club at least.
- **Transparency matters:** Always be open and accountable in accounts and projects.
- **Look to create permanent branding for YMI:** Think Road signs, Car stickers, Tree guards, Waste bottle collection baskets.
- **Growth through Business Networking:** Our Bangalore chapter runs a dedicated WhatsApp group where members share business interests and commercial projects, creating a collaborative space that also inspires new members to get involved.
- **Active Participation:** As often as possible, make time to participate **in Conventions, Councils and Meetings** as this not only strengthens Leadership in the Movement but also unites us as a powerful force for change.
- **Family involvement in Meetings and Projects:** Family, fun and fellowship strengthens bonds between members, making our Movement stronger and more connected.

In the words of Mahatma Gandhi, **“The future depends on what we do in the present.”** With this in mind, let us keep an open heart and mind-*inviting fresh ideas, welcoming new members, and exploring innovations that will strengthen and grow our Movement.*

Dr. K. C. Samuel
International President





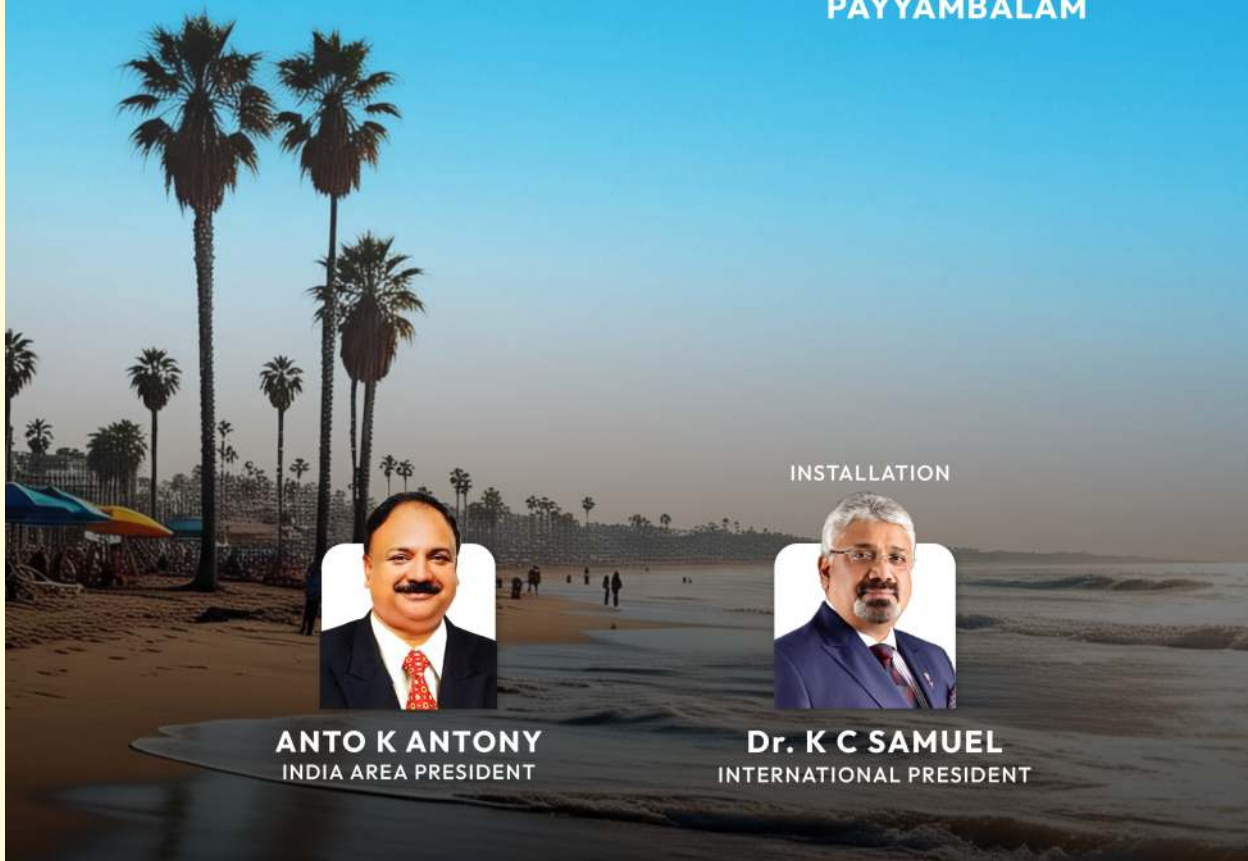
YOUNG MINDS INTERNATIONAL INDIA AREA

WELCOME YOU TO KANNUR
THE LAND OF LOOMS AND LORES

INDIA AREA CONVENTION

9TH AUGUST 2025

KRISHNA BEACH RESORT
PAYYAMBALAM



INSTALLATION



ANTO K ANTONY
INDIA AREA PRESIDENT



Dr. K C SAMUEL
INTERNATIONAL PRESIDENT

INDIA AREA CONVENTION

Saturday 9th August 2025 At Krishna Beach Front Resort, Kannur, Kerala



Dear All,

It gives me immense joy to extend a warm and cordial welcome to all for the India Area Convention of Young Minds International to be held in the beautiful city of Kannur.

This convention is not just an event – it's a celebration of our unity, a platform to honour excellence, exchange inspiring ideas, and strengthen the bonds that connect us. We have curated a vibrant lineup of sessions, entertainment and unforgettable moments that promise to leave a lasting impression.

Your presence will be our honour, and your active participation will be our greatest strength.

Let's come together to create cherished memories, deepen our fellowship and take our mission to greater heights.

With warm regards,

K M Scariachan

Host Committee Chairman

"Where Young Ideas Meet Limitless Horizons"

Nestled near the pristine and picturesque beaches of Kannur, this year's Area Convention promises to be a refreshing blend of purpose, inspiration, and relaxation. Step into a space where vision, passion, and youthful energy converge - at the first-ever India Area Convention of the Young Minds International Club. Held along the serene shores of Kannur's captivating beachline surrounded by swaying palms and golden sands, this landmark event is more than just a gathering - it's a celebration of fresh perspectives, bold ideas, and international camaraderie.

This convention offers a vibrant platform to:

- Showcase creativity and leadership among Young Minds
- Strengthen connections across cultures and regions
- Spark dialogue on innovation, service, and social change
- Reflect and recharge in a peaceful natural setting

With inspiring key note sessions, friendly chats, and cultural celebrations, every moment is designed to ignite inspiration and build long lasting bonds.

Whether you're a dreamer, doer, thinker, or changemaker - this is your space. This is our beginning.

Join us in Kannur for an unforgettable gathering by the serene shores of the Arabian Sea, where waves meet wisdom and fellowship finds new meaning.

Let us shape the future - together.

For any queries, please contact

Host Committee Chairman - K. M. Scariachan : 6238187669

General Convenor - Rajesh Gopal : 9895488090

The Holiest Book available to Mankind

There exists a holy book accessible to every human being on this planet. Its beauty lies in the fact that anyone can read it—regardless of language, religion, or belief system. Unlike any other form of life, such as animals or plants, humans are uniquely blessed with this gift.

In English, this book is called Conscience.

To this day, it remains a mystery to Psychiatrists, Physiologists, Scientists, and Philosophers how human beings are born with this extraordinary phenomenon. Conscience is innate—it needs no teaching, no scripture, and no institution. It is the purest guide a person can have.

Anyone who sincerely follows the voice of their conscience cannot cause harm to others. Whenever we stray from what is right, it offers a gentle warning—a nudge from within. Some call it the voice of God, some call it goodness, and others, unconditional love. But whatever the name, it speaks to every human heart.

Listening to the conscience requires care and attention. When we ignore its warnings, they grow fainter, and eventually, we lose the ability to hear them at all. This is the beginning of moral decline.

Every religion and philosophy is built upon this innate human ability to hear and respond to conscience. Historians tell us we were once hunters and gatherers, yet many spiritual traditions promote nonviolence. Why? Because nonviolence arises from conscience.

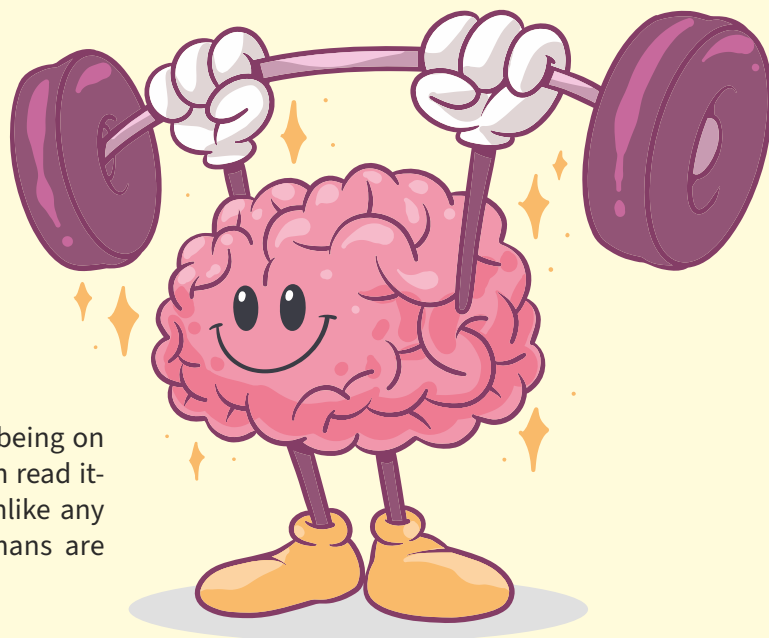


Jose Zachariah
International Programme Director

Our conscious mind is what separates us from animals, who act mainly on instinct. All of humanity's progress—scientific discoveries, technological innovations, art, and culture—are the result of the conscious mind at work.

And yet, all the misery in the world stems from the misuse of that same conscious mind. This misuse begins when we stop listening to our conscience—the very core of our consciousness.

In my view, this is the greatest book ever given to humanity—available to all, beyond religion, race, caste, creed, or nationality. It is always with us, always guiding—if only we choose to listen.





Distribution of umbrellas worth Rs 40000 to students of Amrutha Vidyapeedam, Pavumpa by YMI of Kollam, Region-I on 4th June 2025



Distribution of study materials to HFLPS, South Parur by Young Minds Club of Hill Palace club





Projects and meetings of
Green Valley Muttom Club





Young Minds Club of Gobi has launched an eco-friendly initiative by distributing reusable cloth bags with our YMI's emblem printed on them, aiming to reduce plastic pollution and promote sustainable practices within our community. This highlights the club's branding on the bags, reinforcing YMI's identity and image.



Doctors' Day was celebrated by the Telicherry Fort Young Minds Club with a special ceremony honoring Dr. Jayagopal P. P., a senior pediatrician from Thalassery. Club President Ranjith Raghavan presented the Doctors' Day Award. Treasurer Prashanth T. K., Anil Kumar V.P., Rejula Ranjith, Geetha Ravikumar, and Nandana Ranjith also participated in this ceremony.



Environment day program at Young Minds Club of Coonoor



YMI Tirupur has completed over 275 consecutive weeks of food distribution through the **TIRUPUR GH AKSHAYAM PROJECT FOOD FOR THE NEEDY**. Over 250 meals are served every Sunday.





Installation of
Young Minds Club of
Kollam and Kollam Mid Town,
Region-I



Young Minds Club of Kollam

To impact lives.... but whose lives?

Our motto is 'To impact lives through service'. Now this begs the question, whose lives are being impacted in the process? Prima facie, one gets an impression that the lives of people whom we serve are impacted. Truly, we intend to touch lives and make a difference in the community.

Almost all social service organizations swear by community service or charity. Society needs doers of good and Young Minds Club is in the process of creating doers of good. We are making better citizens and better human beings. Seen this way, we are impacting our own lives. What we see in the world is a mirror of ourselves. The cover page of this issue is about reflection inward and a mirror for outward development.

The Club therefore has a two-fold mission of transforming own members as well as the society. An oft asked query is **‘what do I gain from joining the club?’**. The correct answer is- infinite things.

Club membership opens the doors to self-improvement and transformation. New members learn to integrate, work in teams, share ideas and resources, to take up responsibilities, to visualize, to take up leadership roles, to acquire talents like speaking before public and many more.

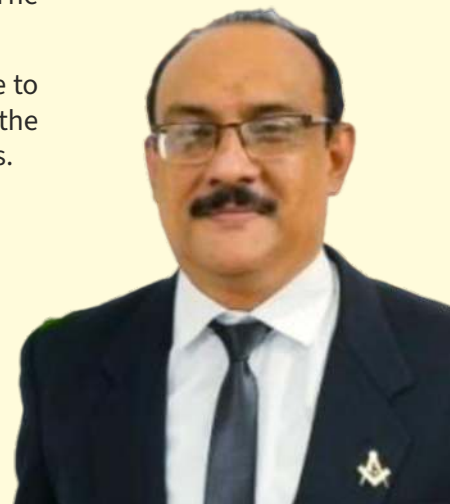
The Club is also a training ground for mastering punctuality, managing diverse opinions, building consensus, avoiding and managing conflicts among others.

Greater still, Clubs are for persons who have ethics and values. Here, we practice gender neutrality, mutual respect and accommodation.

Young Minds Club is a brand new organization which is marching ahead at an impressive pace. We have the opportunity to create and tread our own path.

All must remember that this organization was founded by those who swear by values and ethics. As such the high degree of moral values must be upheld. The focus must remain on maintaining organizational morality.

If anyone asks what does Young Minds International offer, we must be able to say that we aim to create a 'better version of you' and a 'better version of the society'. These are to be achieved through our own conduct and programmes.



Philip Thengumcheril
International Programme Director

REGION-1 CONVENTION ANNOUNCEMENT



Inauguration
Dr. K C Samuel
International President

CONVENTION SPECIAL SOUVENIR



Mr. K. Suresh Kumar
Regional Chair



Keynote Address &
Souvenir Release



Mr. Anto K Antony
Area President



Mr. Sibi Augustin
Regional Chair 2025-26



Dr. J. Sivanandan Nair
Regional Chief Patron

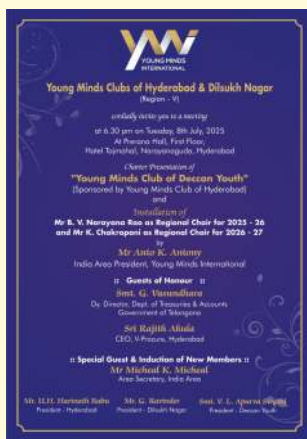
**YOUNG
MINDS
PRAYER**

Dear Almighty,
Bless our minds to have noble thoughts and action. Fill our hearts with love, compassion and joy. Lead our paths to nurture our wonderful world. Unite us as one body and mind in peace and harmony. Empower us to impact lives through selfless service.

INSTALLATION - YMI CLUB OF DECCAN YOUTH

It was a truly memorable trip undertaken by the India Area President and me. We returned from Hyderabad with so much of satisfaction and elation. Satisfied, because the hospitality, care and love each and every member showered on us from Airport on arrival till departure was incomparable. Elated, due to the enthusiasm and keenness we witnessed from the new and old members, an indication for greater things to happen in Region-V. The quality of the new leaders who have taken the helm of affairs of each club, clearly guarantees, immediate and quality growth. We really enjoyed the true friendship of our friends Vijaykumar & Narayana Rao. And along with them, everyone, especially new President Ravinder, took pain and time to ensure our comfort. We wait in anticipation of miracles happening in Region-V. To all the good friends, who made our stay a memorable one, A BIG SALUTE.

Michael K. Michael
Area Secretary



INSTALLATION OF REGION-I

The Regional Convention and Installation Ceremony held at the Alkapuri Convention Centre, Trivandrum, was a truly memorable and grand success! The event was marked by meticulous planning and world-class arrangements, reflecting international standards of excellence.

Guest Speaker Dr. Divya S Iyer, IAS captivated the audience with her profound insights and deep understanding of the organisation's vision and mission.

International President Dr. K.C. Samuel delivered an inspiring keynote address, reflecting his steadfast commitment and unwavering integrity towards the growth and values of the organisation.

Outgoing Regional Chair Sureshkumar was honoured for his exceptional leadership and sincere service, which greatly contributed to the region's growth and reputation.

The acceptance speech of Incoming Regional Chair Sibi Augustine was deeply heartfelt, expressing his genuine affection and unwavering dedication to the organisation.

The overwhelming participation of members is a powerful testament to the ever-growing strength and unity of Young Minds International!

Thank you dear Young Minds, for exceeding all expectations!

Heartfelt congratulations to Region-I on achieving this remarkable milestone!





Inauguration of
Young Minds
International
Club of Anachal



Young Minds International
Club of Chundaparamba
District Governor's Official
Club Visit

Dear esteemed Leaders,

I extend my profound and sincere gratitude to International President Dr. K. C. Samuel for graciously inaugurating the Region 4 Convention. I wish to express my heartfelt thanks to the Area President for installing me and my Regional team. I wish to convey my sincere thanks to the Area President Elect for installing the District Governor and his highly efficient team. I wish to acknowledge with gratitude the International Secretary General for inaugurating the significant projects.

My utmost appreciation and special thanks are extended to immediate past Regional chair Subramani Rajubettan, and immediate past District governor Utheeswaran for accomplishing outstanding and commendable work during their tenure, which will substantially facilitate the progress of the Region.

I thank all other distinguished leaders for their gracious felicitations.

I wish to express my deep gratitude to the Convention Committee Chairman T. S. Prabhu and the convention coordinator Krishna Kumar for their diligent efforts in making the event an overwhelming and resounding success.

I am deeply grateful to District Governor Prabakaran and all who rendered their generous and invaluable support to make the function a grand and spectacular success.

My special thanks to all who participated in the Convention and honoured us with their presence.

N. S. Sakthivel

Regional Chair, Region IV



INSTALLATION / CELEBRATION

Charter Day celebrations of Young Minds International Club of Trivandrum - marking the first ever Charter day celebration in the organization.



Installation of Young Minds International Club of Trivandrum North.

Congratulations, Dr. Anitha Mohan who is declared as RCEE of 2025-26 of Region-I.





Installation of Young Minds International Club of Trivandrum Royal Club



Installation of
Young Minds Club
of Panoor



Installation of District Team led by Mr. K B Rao and clubs of Bangalore District



Young Minds Club of Thalassery Town



Presidium meeting, District-II, Region-II

The Charter Day celebration, family get-together, and induction of new members of the Young Minds Club of Kannur Main was held at Hotel Star Inn Residency in a warm and vibrant atmosphere.

The program was chaired by Club President Rajesh Gopal. The event was formally inaugurated by IPD CV Haridas, and the induction of 5 new members was carried out by District Governor KV Prashanth.

The event was further graced by the presence of Senate Member Adv. Venugopal, District Secretary CV Vinod Kumar, District Treasurer Biju Francis, and District Bulletin Editor Ranjith Raghavan, who offered their felicitations and best wishes to the newly inducted members and the club as a whole.

The evening was a memorable blend of celebration, camaraderie, and commitment to service, marking another significant milestone in the journey of Young Minds Club of Kannur Main.



Charter Day Celebration - Young Minds International Club of Kannur Main



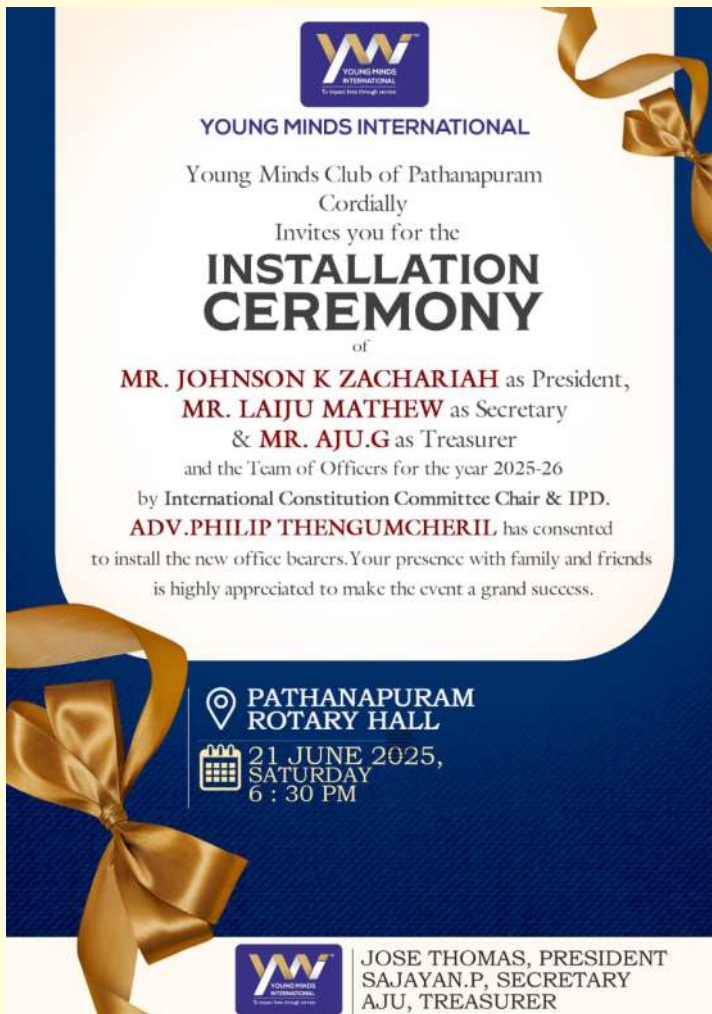
District Governor's Official club visit to Young Minds Club of Kallissery



REGION-I DISTRICT-IV Cabinet installation ceremony.
Chief guest Dr. Alexander Jacob IPS (Retd.)



District Conference District-I Region-III



It was a delight to attend the Club meeting of Young Minds, Pathanapuram, almost a year after its installation. The meeting itself was proof that the club has been running well.

I did enjoy the new scheme of things, a marked departure from the past. This may be one club which sensed the winds of change and chose to transform itself for the better.

So, we had an essentially brief meeting, lot of fat removed. No chain of elongated invocations, no overstretched welcome speeches, no self glorification, no flattery of those present. Introduction of the guest was ceremonial and not running into pages that no one cares. Happy that the organizers were sensible and sensitive about the timeframes in the new ecosystem. And yet, it had everything that a club should.

Hope that our clubs will reinvent themselves in the context of the new age.

Our meetings should be as adorable as a visit to a well kept garden in the eve. Every visit should refresh us and leave us with the aroma of the flowers.

Salutes to the office-bearers of the Club for the fabulous evening especially the Club Chair Mr. Johnson K Zachariah IPD, Secretary Mr. Lyju & Team and definitely the stalwart Mr. Joys Jacob IPM.

Best wishes

Philip Thengumcheril





Young Minds
Club of Adimali



We are proud to announce that Mr. Anooj, son of YMI member Mr. Ajayan, showcased his talent as a lead violinist at the World Music Day celebration in Kozhikode.



Young Minds Region-I
Leaders' Meet



Young Minds Region-II - Leaders' Meet

INSTALLATION

The grand Inauguration of YMI Kalpetta Club was filled with warmth, inspiration, and the spirit of togetherness. Deeply honored by the presence of our esteemed leaders, members, and well-wishers whose encouragement and blessings made the day special. Your presence added meaning to this important milestone and motivated Kalpetta club members to begin their journey with energy and purpose. Thank you once again to everyone who joined us, supported us, and stood by us. With your continued guidance, we are confident that Kalpetta Club will grow into a strong and vibrant force for good. Let this be the beginning of many great things to come.

With heartfelt gratitude,

Rajesh Gopal
President Kannur Main Club





Young Minds International Club of Greenvalley Muttom

INSTALLATION / INDUCTION

Young Minds International Club of Kuthuparamba



Young Minds International Club of Ezham Mile Kings



Young Minds Club of Mynagappally Royal



New club formation -
Young Minds Club of Myladi
in Kanyakumari district.
DG elect Er. Justin Paul
addressed the gathering.





YMI Smartcity Club, Region-II, District-I Installation by DG Mrs. Minu Anna Mathew Anil



India Area Region-II, District-III, Installation of Young Minds Club of Adimali



Service project by YMI Thomas Nagar, Region-II District-II at an old age home.



Hearing Aid Camp - Young Minds Club of Thiruvaniyur, Region-II



Hearty congratulations,
Ms. Girija Sethunath



Er Jacob Philip, our DG handing over a memento to Mr. Sivanandan Nair with a lot of gratitude for being a guiding light to the Movement.

EVENT POSTERS

YOUNG MINDS INTERNATIONAL
INDIA AREA, REGION III, DISTRICT III

Inauguration of YOUNG MINDS CLUB OF ANACHAL

Induction and Installation ceremony of Mr. Subash PS as President & His cabinet

ON 5TH JUNE 2025 SUNDAY 6 PM
AT VENTOS CAMPSITE AUDITORIUM, ANACHAL

Speakers: Mr. Subash PS, Mr. K. V. Prasad, Mr. K. V. Gopi, Mr. K. V. Prasad, Mr. K. V. Prasad

Stated by: **YOUNG MINDS CLUB OF ADIMALY**

YOUNG MINDS INTERNATIONAL
YOUNG MINDS CLUB SREEKANDAPURAM

CHIEF GUEST: K. V. SURESH TEACHER
CLUB PRESIDENT: K. V. GOPI
INAUGURATION: K. V. PRASANTH District Governor

സാമൂഹ്യ നവനൽക്കരണം ഉദ്ഘാടനം
ഗവ: എൽ. പി സുകുമാർ, കാവുനായി

2025 June 5, 9.30 am

YOUNG MINDS INTERNATIONAL
YOUNG MINDS CLUB TELLICHERRY FORT

World Environment Day

World Environment Day - June 5
"Our environment is not inherited from our ancestors, but borrowed from our children."
Let's plant trees, reduce waste, and protect nature - for a better tomorrow!

Let's join hands to build a sustainable and healthy planet.
There's no Planet B - act today!

Tree Saplings will be planted in the Club premises at 10.00 AM

CLEAN CITY, GREEN CITY

A project of Young Minds International

YM
YOUNG MINDS INTERNATIONAL

PLANT TREES
in your own backyard and care for them

5th June '25
World Environment Day

YOUNG MINDS INTERNATIONAL

YOUNG MINDS PATHANAMTHITTA

RDO TRUST
The Rural Development Organisation (RDO Trust) warmly invites you to celebrate

World Environment Day

Date: Friday, June 6, 2025
Time: 9:30 AM
Venue: Bokkapuram Village
Programme: Inauguration of Ploughing 60 acres of land for Organic Millet cultivation

Time: 11:30 AM
Programme: Tree planting and Distribution of prizes for the winners of drawing and speech competition
Venue: CTR High School, Bokkapuram

N. K. Perumal-Founder/Chairman, S. Rajkumar-CEO and Staffs of RDO Trust and Subramani Rajubettan-Regional Chair of YMI

YOUNG MINDS INTERNATIONAL
DISTRICT III OF REGION III

WORLD BLOOD DONOR DAY
June 14

YOUNG MINDS CLUB TELLICHERRY FORT
DONATE BLOOD, SAVE LIVES

YOUNG MINDS INTERNATIONAL
INDIA AREA

TO IMPACT LIVES THROUGH SERVICE

REGION - I
DISTRICT - III

31 IN PROGRAMMES
2025-26

16TH JUNE
LIONS HALL KOLLAM

തൃശ്ശൂർ
Family Gathering

Save the Date

YOUNG MINDS CLUB OF TELLICHERRY FORT

1ST CHARTER DAY CELEBRATION & DISTRICT GOVERNORS OFFICIAL CLUB VISIT

29/06/2025 | 05.30 PM
MAPCOS CONFERENCE HALL, MANIKODI, THALASSERY

District III of Region III

YOUNG MINDS INTERNATIONAL
INDIA AREA, REGION III, DISTRICT II

YOUNG MINDS CLUB OF KUTHUPARAMBA

INVITATION

FAMILY MEETING & NEW MEMBERS INDUCTION

ON 13TH JULY 2025 SUNDAY 6PM
VINTAGE RESIDENCY-KUTHUPARAMBA

NEW MEMBERS INDUCTION
NASSAR, A DISTRICT GOVERNOR

MEMENTO PRESENTATION
K. RAJAN REGIONAL BULLETIN EDITOR

Speakers: Mr. K. Suresh Kumar, Mr. K. Suresh Kumar, Mr. K. Suresh Kumar

YOUNG MINDS INTERNATIONAL
INDIA AREA, REGION - I

REGIONAL CONVENTION 2025-2026

Speakers: Mr. K. Suresh Kumar, Mr. K. Suresh Kumar, Mr. K. Suresh Kumar

Regional Convention

19TH JULY 2025
6 PM
Venue: Gokhalepalem

YOUNG MINDS INTERNATIONAL
INDIA AREA, REGION - I

1ST REGIONAL CONVENTION Award Nite
25TH JULY 2025

Speakers: Mr. K. Suresh Kumar, Mr. K. Suresh Kumar, Mr. K. Suresh Kumar

Regional Convention

25TH JULY 2025
6 PM
Venue: Gokhalepalem

YOUNG MINDS INTERNATIONAL
INDIA AREA - REGION 3 - DISTRICT 2

INSTALLATION OF PRESIDENT AND OFFICE BEARERS
Wayanad Village Resort Niravilpuzha

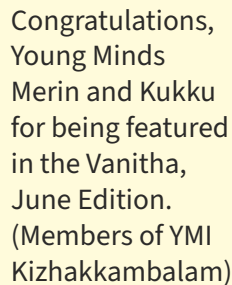
20TH JULY 2025

Speakers: Mr. K. Suresh Kumar, Mr. K. Suresh Kumar, Mr. K. Suresh Kumar

YOUNG MINDS INTERNATIONAL
INDIA AREA - REGION - I

Installation Ceremony of YOUNG MINDS CLUB OF KOLLAM
25TH JULY 2025

Speakers: Mr. K. Suresh Kumar, Mr. K. Suresh Kumar, Mr. K. Suresh Kumar





Family tour of Young Minds Club of Alice Spring Australia

OBITUARY



Deepest condolences to the family of the late
SARAMMA VARGHESE
 sister of Dr. K C Samuel, International President
 of Young Minds International.



For our website and newsletter,
 please send details of projects, meetings,
 installations, thoughts and ideas to
yamiyoungminds@gmail.com

Best wishes,
Daniel Thomas

